

Webinar on

# Mental Illness Awareness Skills For Your Workplace

#### **Learning Objectives**

*Know the ingredients of a successful Mental Health Plan* 

Know how to construct a Mental Health Model

Know the signs of an employee in crisis

Know what to do to mitigate a crisis situation

*Know how to accommodate a returning stressed employee* 

*Know the resources and partnerships available to facilitate a plan* 



This webinar will show management personnel the steps that have been taken by professionals and executives, to perceive, process, and follow up on, to build a mentally healthy organization.

**PRESENTED BY:** Jim Zalud is a 30-year teacher of verbal, non-verbal, and mnemonic skills. Jim has spoken to police departments, colleges, and corporations throughout America. He has completed Law Enforcement Crisis Intervention Training, advanced Forensic Interviewing Training, and is a member of the International Law Enforcement Educators and Trainers Association.

On-Demand Webinar Duration : 90 Minutes Price: \$200

#### **Webinar Description**

1,000,000 people in the U.S. miss work each day, due to stress. That converts to over 300 Million lost workdays per year. Can your company afford to be part of this equation? I don't think so. Depression alone results in more days of disability than heart disease, hypertension, and diabetes. The cost alone to treat mood disorders is around \$50 BILLION. Depression that is untreated, undiagnosed, or ineffectively treated, is the number 1 cause of suicide. Do you, your executives, and fellow employees, know how to identify and deal with someone who may be suicidal?

Mentally healthy workplaces are positive and productive and get the best out of their people. Businesses that actively promote good mental health attract and retain top talent because they're great places to work. By supporting people with mental health conditions and encouraging openness, they create workplace cultures that are diverse and inclusive. Untreated mental health conditions cost American employers billions every year through absenteeism, reduced productivity and compensation claims. Other effects of a mentally unhealthy workplace include poor morale and staff engagement, high staff turnover and potential penalties for breaches of work health and safety legislation. The business's reputation is also at risk among potential clients, customers and employees.



A TowerWatson Report in 2010 wrote that companies with the most effective Health and Productivity programs

Achieved 11% more revenue per employee Delivered 28% higher shareholder returns Lower medical trends Fewer absences per employee Identify the variables of a successful Mental Health plan Assist you in reviewing your company's current plans and procedures Assist you in developing a process that develops better Mental Health that reduces absenteeism and increases productivity



### **Who Should Attend ?**

*Police Officers, Fire Fighters, and Public Administrative Personnel* 

*Educators, School Nurses, School Bus Drivers, and Crossing Guards* 

*Doctors, Nurses, and Hospital Administrative Personnel* 

Business Executives, Managers, and Supervisors

Mall Executives, Store Managers, and Security Personnel



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